

In the Specification

Please replace the paragraph on page 3, beginning on line 30 with the following paragraph:

In the preferred embodiment of FIG. 1, the heel surface element 20 has a VELCRO®-type loop upper surface 36 for releasable attachment to an opposed VELCRO®-type ~~loop~~ hook surface of the heel 18 of bowling shoe 10 (FIG. 1), to allow selective use of heels from a set of heel surface elements 20, 20', 20'' (FIG. 1A) of different coefficients of friction or other performance characteristics. Heel surface elements 20 of different coefficient of friction characteristics in a set may be color-coded, e.g., a slide surface of lower coefficient of friction may be colored green while a brake surface of relatively greater coefficient of friction may be colored red.